

## Ethnic Minority Well-being Centre Referral Form

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The Ethnic Minority Well-being Centre serves those in the Ethnic Minority community who would like to talk to a counsellor about their mental well-being.

Applicants of our counselling service must be:

- Identify as an Ethnic Minority
- Speak English, Hindi, Urdu and/or Nepali
- A Resident of Hong Kong;
- Be aged 18 or above

Applicants will be required to complete a phone assessment to determine whether our counselling services are suitable for them. Applicants should commit for 6-12 counselling sessions.

If you would like to refer any individuals to our service, Please complete this referral form and send it to [emwbc@zubinfoundation.org](mailto:emwbc@zubinfoundation.org). We will get back to you within five working days.

### PARTICULARS OF THE APPLICANT:

First Name  Last Name

Gender (M/F)  Age

Spoken Languages (Native)

Spoken Languages (Fluent, if any)

Is the Applicant a resident of Hong Kong?  Yes  No

Telephone Number (mobile)  Telephone Number (home)

Diagnosis/ Suspected Mental Health problem (if any)



# ETHNIC MINORITY WELL-BEING CENTRE

An initiative of the Health Bureau, the HKSAR Government

Is the Applicant receiving any structured psychological or psychiatric help?

Yes

No

If yes, from where?

Details of any emotional, psychological or behavioural problems that warrant special attention (if any)

## INFORMATION OF APPLICANT'S CARER/FAMILY MEMBER:

First Name

Last Name

Telephone Number (mobile)

Telephone Number (home)

Spoken Languages

Relationship with Applicant

For scheduling the intake interview, should we contact the Applicant directly or the above Applicant's Carer/Family Member first?

Yes

No

Referral Summary (e.g. client's condition, purpose of counselling, any specific requirement, etc.)



**INFORMATION OF REFERRING UNIT:**

Name of Referrer:

Job Title:

Organisation  
Name:

Address:

Contact  
Number:

Other  
Remarks:

For any enquiries, please contact us at [emwbc@zubinfoundation.org](mailto:emwbc@zubinfoundation.org) or WhatsApp the Ethnic Minority Well-being Centre hotline at [9682-3100](tel:9682-3100).  
We will get back to you as soon as we can.

----- Thank You -----